NEWTON YOUTH COMMISSION Meeting December 4, 2013 MINUTES

Location: City Hall, Health and Human Services

Adults: Matt Green, Richard Dyer, Peter Harrington, John Panica, Kirsten Tuohy,

Stephanie Lapham

Guests: Tom Pomeroy, Kim Gallaugher, Jenna Olson, Jay Harney, Chris

Hardiman, Tasia Cerszo

Staff: Jennifer O'Leary

Youth: Eliza Beth, Jacob Prince, Jonah Kan, Jared Perlo, Alexander Marks-Katz,

Nadine Geller, Sarah Smith, Sophie Magidson

The meeting was opened at 7:10PM.

A vote to accept the minutes of November 6, 2013 was passed.

Treasurer's Report:

- The budget for FY 2014 is \$2,500

- Expenses to date include:

\$0.00

\$2,500.00 Balance

\$586.12 Revolving Account Balance

Business:

<u>Update from the Mayor's Public Service Interns:</u>

- Went over all themes for grant work including Executive Function, Adult/Youth Communication, Depression Awareness, College Applications, Transitions, etc.
- Through CHNA grant funds, working with Engaging Minds Learning Center on Executive Function presentations at as many schools as possible through PTSOs
- Executive Function trainings for 9th grade cluster teachers at South and CTCs at North and Peer Tutors at South and Homework Club at North
- With CHNA grant, helping to pay to send 25 staff members from the four middle schools to a mind-body training program through Benson-Henry Institute at Mass General
- Youth Summit III scheduled for February 5th, guest speaker, Kevin Breel, mental health activist and comedian, focus of the night is on Youth/Adult communication, difficult conversations and solutions from Youth Summits I and II
- Suicide prevention and mental health meetings with students and Riverside have been ongoing, recently met with students from Needham about the Own Your Peace/Piece project, first community meeting is next week that will be open to adults and youth to start moving forward, want to recognize that schools shouldn't carry all the weight it is a community wide issue

Commission Changes:

- Group brainstorm of advisory board members to consider
- Began work of defining the roles of the advisory board and youth commission
- Next meeting will start with an edited draft of roles to help move us forward on this work

• Timeline for appointing youth as commissioners will be applications out in January, interviews in February and appointing in March

The meeting was adjourned at 8:05 PM.

The next meeting is Wednesday, January 8, 2014.

Respectfully submitted by Jennifer O'Leary